

## INVOCATION

वन्दे गुरूणां चरणारविन्दे

vande gurūṇāṃ caraṇāravinde

सन्दर्शित स्वात्म सुखाव बोधे ।

sandarśita svātma sukhāva bodhe

निःश्रेयसे जाङ्गलिकायमाने

niḥśreyase jāṅgalikāyamāne

संसार हालाहल मोह शान्त्यै ॥

sāmsāra hālāhala moha śāntyai

*I bow to the two lotus feet of the (plurality of) Gurus, which awaken insight into the happiness of pure Being, which are the complete absorption into joy, the jungle physician, eliminating the delusion caused by the poison of Sāmsāra (conditioned existence).*

आबाहु पुरुषाकारं

ābāhu puruṣākāraṃ

शन्ख चक्रासि धारिणम् ।

śankha cakrāsi dhāriṇam

सहस्र शिरसं श्वेतं

sahasra śirasam śvetam

प्रणमामि पतञ्जलिम् ॥

praṇamāmi patañjalim

ॐ

om

*I prostrate before the sage Patañjali who has thousands of radiant, white heads (as the divine serpent, Ananta) and who has, as far as his arms, assumed a human form, holding a conch shell (divine sound),*

*a wheel (a discus of light or time) and a sword (discrimination).*

*Om*